

Planning the essentials

Planning and finding support



Focus on person-centred planning and funding

Developing a support network around family, friends and support agencies

What did we find?

Advocacy groups and networks providing opportunities for peer support – sharing knowledge and experiences and problem-solving

Planning for the future as parents get older

Parent groups and networks providing families with an opportunity to support each other

What learning is involved?

Learning life skills to live more independently

Finding what support is available and how to access it

“

[O]nce you do something new, someone else will be watching you and they'll be thinking, oh, I might like to do that.

Elaine, self-advocate

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What more can be done?

Developing people's skills and confidence to self-build support networks

Enabling effective communication between families, providers and social workers

Providing opportunities to establish friendship groups and networks